



Connect kids to the wonder of nature!



The Wise Kids® Outdoors program, developed by the Sājai® Foundation in partnership with the NRPA, is now available nationwide. This innovative, 20-session curriculum will change the way children in your community interact with nature while teaching them about the importance of eating right and being physically active.

The Wise Kids Outdoors program is an evaluated after-school and summer camp curriculum tested in beta sites across the country. Each session covers concepts such as ecosystems, recycling, and the role of critters and bugs outdoors. The Learn-Do-Explore format encourages children to learn about and do activities related to the concept, then sends them outdoors to actively explore nature by planting seeds, digging for worms, and going on scavenger hunts.



Program leader feedback highlights Wise Kids Outdoors' success:

"Our campers are really enjoying this. They are a VERY diverse group and they are very excited about it."

– Kerri Miles, Kettering, Ohio

"The kids seem to be getting more and more excited to go outside as each mission passes."

– Bev Wittgenstein, St. Paul, MN

"The training and learning materials allow our staff to confidently lead the missions, even when they didn't have an outdoor-learning background."

– Bob Bierscheid, St. Paul, MN

"I thoroughly enjoyed each mission and the notebooks that came along with them. The instructor notebook was very easy to follow and easy to implement each mission."

– Program leader



THE WISE KIDS® OUTDOORS PROGRAM

- Offers children a safe, guided way to learn about and explore nature
- Teaches children to become active stewards of the natural world around them
- Reinforces the importance of staying active and making wise nutrition choices
- Provides communities with a curriculum that has proven to be successful in a wide variety of settings



THE WISE KIDS® OUTDOORS PROGRAM KIT INCLUDES THE FOLLOWING:

SMALL SITE KIT—FOR 30 CHILDREN

- 30 Mission Notebooks
- 30 Children's Adventure Backpacks
- 3 Training Guides (For program leaders)
- 1 Leader's Backpack
- 1 Training CD
- 1 Marketing CD
- 30 Magnifying Glasses
- 2 Compasses
- 1 Packet of Seeds
- Evaluation Tool

PRICE=\$750

LARGE SITE KIT— FOR 100 CHILDREN

- 100 Mission Notebooks
- 100 Children's Adventure Backpacks
- 5 Training Guides (For program leaders)
- 2 Leader's Backpack
- 1 Training CD
- 1 Marketing CD
- 100 Magnifying Glasses
- 4 Compasses
- 2 Packets of Seeds
- Evaluation Tool

PRICE=\$1,650



ABOUT THE SĀJAI® FOUNDATION

The Sājai (pronounced "saw-jay") Foundation, a Minnesota-based 501(c)(3) organization, is dedicated to combating childhood obesity by developing and providing preventive, healthy lifestyle promotion programs that educate, inspire, and motivate children ages 6 to 11 to make healthy choices in both nutrition and activity, and to learn and become excited about the natural world around them. We market our programs to youth-serving agencies that reach kids through out-of-school-time hours.

In partnership with



National Recreation
and Park Association



Visit www.sajaifoundation.org
today for more information
or to order your program.

